

**ABSTRACT**

Soft resin compositions comprising a polyethylene resin (A) and an ethylene/ $\alpha$ -olefin random copolymer (B) comprising ethylene and an  $\alpha$ -olefin having 3 to 20 carbon atoms at a specific proportion, or an ethylene/ $\alpha$ -olefin copolymer resin composition comprising a linear ethylene/ $\alpha$ -olefin copolymer (A- $\alpha$ ) comprising ethylene and an  $\alpha$ -olefin having 4 to 20 carbon atoms and a long-chain branched ethylene/ $\alpha$ -olefin random copolymer (B- $\alpha$ ) comprising ethylene and an  $\alpha$ -olefin having 3 to 20 carbon atoms in a specific proportion, wherein a density and MFR of the polyethylene resin (A) and the copolymer (A- $\alpha$ ), and a density, MFR, intrinsic viscosity, glass transition temperature, crystallinity, molecular weight distribution, B value and  $g\eta^*$  values of the copolymers (B) and (B- $\alpha$ ) are each in a specific range.